

| | GENDER | LAST NAME | NAME | STATE | AFFILIATE | T-SHIRT | W/O #1 C&J | W/O#2 OH KB | W/O#3 Vest | | Heat # | Heat Time |
|-----|--------|-------------|-------------|--------------|--------------------------------|----------|------------------------------|-------------|------------|--|--------|-----------|
| 1 | F | Ahmed | Noreen | Pennsylvania | Crossfit Center City | Small | 9:00 AM | 12:15 PM | 3:30 PM | | 1 | 9:00 AM |
| 2 | F | Aylward | Megan | Ohio | | Small | | | | | 2 | 9:25 AM |
| 3 | F | Baratz | Rachel | Pennsylvania | Crossfit Center City | Small | | | | | 3 | 9:50 AM |
| 4 | F | Brambley | Angie | Pennsylvania | Crossfit215 | Medium | | | | | 4 | 10:15 AM |
| 5 | F | Briel | Holly | Delaware | Dover | Small | | | | | 5 | 10:40 AM |
| 6 | F | Butler | Jennifer | Pennsylvania | Crossfit West Chester | Medium | | | | | 6 | 11:05 AM |
| 7 | F | Calpin | Meghan | Pennsylvania | Crossfit Delaware Valley | Medium | | | | | 7 | 11:30 AM |
| 8 | F | Connor | Christiane | Pennsylvania | Platoon Fitness | Medium | 20 Minute Break 11:55- 12:15 | | | | | |
| 9 | F | Curran | Jennifer | Pennsylvania | crossfit KoP | Small | 3:30 PM | 9:00 AM | 12:15 PM | | 8 | 12:15 PM |
| 10 | F | Ebbert | Kimberley | Pennsylvania | R.A.W. Crossfit | Large | | | | | 9 | 12:40 PM |
| 11 | F | Fisher | Robin | Pennsylvania | R.A.W. Training | Medium | | | | | 10 | 1:05 PM |
| 12 | F | Grenier | Lurene | Maine | CrossfitBWI | Large | | | | | 11 | 1:30 PM |
| 13 | F | Hufnagel | Mary | Maryland | | Small | | | | | 12 | 1:55 PM |
| 14 | F | Jackson | Kimberley | Pennsylvania | CrossfitKoP | Large | | | | | 13 | 2:20 PM |
| 15 | F | Jacobs | Valerie | Pennsylvania | RAW Training | Medium | | | | | 14 | 2:45 PM |
| 16 | F | Jantsch | Carol | Pennsylvania | CrossFit Center City (philadel | Small | 20 Minute Break 3:10 - 3:30 | | | | | |
| 17 | F | Lyons | Aimee | Pennsylvania | CrossFit King of Prussia | Small | 12:15 PM | 3:30 PM | 9:00 AM | | 15 | 3:30 PM |
| 18 | F | Meyer | Leshia | Pennsylvania | Cross Fit South Philly | Small | | | | | 16 | 3:55 PM |
| 19 | F | Mizkowski | Debbie | Pennsylvania | crossfitteos | Small | | | | | 17 | 4:20 PM |
| 20 | F | Morra | Brooke | Delaware | CrossFit Dover | Small | | | | | 18 | 4:45 PM |
| 21 | F | O'Connor | Colleen | Pennsylvania | Crossfit Delaware Valley | Large | | | | | 19 | 5:10 PM |
| 22 | F | Park | JS | Pennsylvania | CrossFit Generation | Medium | | | | | 20 | 5:35 PM |
| 23 | F | Powell | Carolyn | Pennsylvania | Crossfit Apex | Medium | | | | | 21 | 6:00 PM |
| 24 | F | Proctor | Zakiya | Maryland | Crossfit Extreme Fitness | Small | 9:25 AM | 12:40 PM | 3:55 PM | | 25 | |
| 25 | F | Pugh | Shannon | Maryland | CrossFit Venom | Medium | | | | | 26 | |
| 26 | F | Ridley | Kari | Pennsylvania | CrossFit Generation | Large | | | | | 27 | |
| 27 | F | Sieller | Nicole | Pennsylvania | CrossFit King of Prussia | Small | | | | | 28 | |
| 28 | F | Sinkler | Jen | Pennsylvania | CF215 | Medium | | | | | 29 | |
| 29 | F | Smith | Kerry | Pennsylvania | Crossfit KOP | Medium | | | | | 30 | |
| 30 | F | Susi | Kandy | Pennsylvania | CrossFit Eos | Small | | | | | 31 | |
| 31 | F | Swanstrom | Kristin | Maryland | | Small | 32 | | | | | |
| 32 | F | Tuman | Molly | Pennsylvania | Crossfit R.A.W. | Medium | 3:55 PM | 9:25 AM | 12:40 PM | | 33 | |
| 33 | F | Vickery | Heather | Delaware | CrossFit Dover, DE | Medium | | | | | 34 | |
| 34 | F | Walker | Nikki | Pennsylvania | | Small | | | | | 35 | |
| 35 | F | White | Yvonne | Pennsylvania | Platoon Crossfit | Large | | | | | 36 | |
| 36 | F | Wilson | Barbara | Maryland | Crossfit BWI | X-Large | | | | | 37 | |
| 37 | F | Blank | | | | | | | | | 38 | |
| 38 | F | Blank | | | | | | | | | 39 | |
| 39 | F | Blank | | | | | 40 | | | | | |
| 40 | F | Blank | | | | | 12:40 PM | 3:55 PM | 9:25 AM | | 1 | |
| 1 | M | Ardekani | Dan | Pennsylvania | | Large | | | | | 2 | |
| 2 | M | Bailey | Craig | Maryland | Crossfit Ft. Meade | Medium | | | | | 3 | |
| 3 | M | Barger | Bruce | Pennsylvania | Crossfit Explode | X-Large | | | | | 4 | |
| 4 | M | Benton | Patrick | Pennsylvania | CrossFit Confluence | Large | | | | | 5 | |
| 5 | M | Bramowski | Michael | Pennsylvania | Crossfit KOP | X-Large | | | | | 6 | |
| 6 | M | Butler | Shawn | Pennsylvania | CrossFit Apex | Large | | | | | 7 | |
| 7 | M | Carr | Michael | Pennsylvania | Crossfit Apex | Medium | 8 | | | | | |
| 8 | M | Cerecedes | Thomas | Pennsylvania | Crossfit Delaware Valley | Large | 9 | | | | | |
| 9 | M | Chesney | Bobby | Maryland | | Large | 9:50 AM | 1:05 PM | 4:20 PM | | 10 | |
| 10 | M | Clinton | Brian | Pennsylvania | Crossfit RAW | Medium | | | | | 11 | |
| 11 | M | Cochran | Chris | Maryland | | XX-Large | | | | | 12 | |
| 12 | M | Cochran | Grant | Maryland | | X-Large | | | | | 13 | |
| 13 | M | Cole | Dana | Pennsylvania | | X-Large | | | | | 14 | |
| 14 | M | Conboy | Paul | Pennsylvania | Crossfit Generation | Large | | | | | 15 | |
| 15 | M | Danley | Sheldon | Pennsylvania | | Large | | | | | 16 | |
| 16 | M | Darr | Alex | Pennsylvania | | Large | 17 | | | | | |
| 17 | M | Dean | Jud | Delaware | CrossFit 1st State | Large | 4:20 PM | 9:50 AM | 1:05 PM | | 18 | |
| 18 | M | Delio | Bryan | Pennsylvania | CrossFit EOS | X-Large | | | | | 19 | |
| 19 | M | Dempsey | Josh | Maryland | CrossFit Extreme Fitness | Medium | | | | | 20 | |
| 20 | M | DiMaio | Ryan | Delaware | Crossfit Dover (Dover, De) | Medium | | | | | 21 | |
| 21 | M | DiSalvo | Mark | Pennsylvania | CrossFit Prime | Large | | | | | 22 | |
| 22 | M | Dobbins | George | Delaware | CrossFit Dover | Large | | | | | 23 | |
| 23 | M | Edmunds | Todd | Pennsylvania | Raw Training CrossFit | Large | | | | | 24 | |
| 24 | M | Eichenwald | Dan | Pennsylvania | | Large | 1:05 PM | 4:20 PM | 9:50 AM | | 25 | |
| 25 | M | Fariss | Sam | Maryland | Southern Maryland CrossFit | Large | | | | | 26 | |
| 26 | M | Fenningham | Terrence | Pennsylvania | Crossfit215 | Large | | | | | 27 | |
| 27 | M | Feo | Nick | Pennsylvania | CrossFit CC | X-Large | | | | | 28 | |
| 28 | M | fierro | william | Maryland | | Large | | | | | 29 | |
| 29 | M | Frankhouse | Zach | Pennsylvania | Crossfit Delaware Valley | Large | | | | | 30 | |
| 30 | M | Georgules | Mike | Delaware | Crossfit Dover | Large | | | | | 31 | |
| 31 | M | gibson | carlos | Pennsylvania | CrossFit Delaware Valley | Large | 32 | | | | | |
| 32 | M | Giordano | Matt | Pennsylvania | CrossFit Sine Pari | Large | 10:15 AM | 1:30 PM | 4:45 PM | | 33 | |
| 33 | M | Greenawalt | Gaylan | Oklahoma | Crossfit Tulsa | Small | | | | | 34 | |
| 34 | M | Greenough | Samuel | Pennsylvania | King of Prussia/Inspire | Large | | | | | 35 | |
| 35 | M | Hankins | Jay | Maryland | Crossfit Fort Meade | Large | | | | | 36 | |
| 36 | M | Hecht | Niklas | Pennsylvania | Crossfit Apex | X-Large | | | | | 37 | |
| 37 | M | Helms | Keith | Maryland | Crossfit Fort Meade | Large | | | | | 38 | |
| 38 | M | Henn | Chuck | Maryland | | Medium | | | | | 39 | |
| 39 | M | Herrold | Jim | Pennsylvania | | Medium | 40 | | | | | |
| 40 | M | Hromyak | Michael | Pennsylvania | EOS | X-Large | 4:45 PM | 10:15 AM | 1:30 PM | | 41 | |
| 41 | M | Humber | Alleem | Delaware | Crossfit Dover | Large | | | | | 42 | |
| 42 | M | Inglese | Lorenzo | Pennsylvania | 3 Rivers CrossFit | Large | | | | | 43 | |
| 43 | M | Jaskot | Matt | Pennsylvania | | Medium | | | | | 44 | |
| 44 | M | Johnson | Caleb | Maryland | CrossFit Extreme Fitness | Small | | | | | 45 | |
| 45 | M | Johnson | Matt | Pennsylvania | Crossfit Explode | Large | | | | | 46 | |
| 46 | M | Johnston | Ryan | Pennsylvania | Panther CrossFit | Medium | | | | | 47 | |
| 47 | M | Katkin | Michael | Virginia | Panther Crossfit | Medium | 48 | | | | | |
| 48 | M | Kenny | John | Pennsylvania | Crossfit Generation | Medium | 1:30 PM | 4:45 PM | 10:15 AM | | 49 | |
| 49 | M | Kilminster | James | Pennsylvania | | X-Large | | | | | 50 | |
| 50 | M | Kissling | Fred | Maryland | Crossfit Fort Meade | X-Large | | | | | 51 | |
| 51 | M | Klein | Matt | Pennsylvania | Panther Crossfit | Large | | | | | 52 | |
| 52 | M | knight | matt | Delaware | Crossfit Dover | Large | | | | | 53 | |
| 53 | M | Kopay | Eric | Pennsylvania | RAW Pittsburgh | Large | | | | | 54 | |
| 54 | M | Kramli | Daniel | Pennsylvania | | Large | | | | | 55 | |
| 55 | M | Lamanna | Mike | Pennsylvania | Panther CrossFit | X-Large | 10:40 AM | 1:55 PM | 5:10 PM | | 56 | |
| 56 | M | Leonard | Raymond | Pennsylvania | Crossfit Pittsburgh | Large | | | | | 57 | |
| 57 | M | Locke | Jesse | Maryland | crossfit extreme fitness | Medium | | | | | 58 | |
| 58 | M | Luppino | Nicholas | Maryland | BWI | Large | | | | | 59 | |
| 59 | M | Machesky | Caleb | Pennsylvania | | Large | | | | | 60 | |
| 60 | M | Maier | Rob | Pennsylvania | | Medium | | | | | 61 | |
| 61 | M | Manderino | Andrew | Pennsylvania | Panther Crossfit | Large | | | | | 62 | |
| 62 | M | Mann | Richard | Pennsylvania | Crossfit Pittsburgh | Large | 63 | | | | | |
| 63 | M | Martinis | Scott | California | | Medium | 64 | | | | | |
| 64 | M | McCoy | Alex | Maryland | | Medium | 5:10 PM | 10:40 AM | 1:55 PM | | 65 | |
| 65 | M | McGoldrick | Jim | Pennsylvania | Platoon | Large | | | | | 66 | |
| 66 | M | Meanix | James | Pennsylvania | Crossfit Inspire | X-Large | | | | | 67 | |
| 67 | M | Miles | Russell | Maryland | Crossfit Extreme Fitness | Medium | | | | | 68 | |
| 68 | M | Miller | Erik | Pennsylvania | Malvern Prep | XX-Large | | | | | 69 | |
| 69 | M | Miller | Kurt | Pennsylvania | | Large | | | | | 70 | |
| 70 | M | Miller | Robert | Pennsylvania | CrossFit Delaware Valley | X-Large | | | | | 71 | |
| 71 | M | Miller | Zachary | Pennsylvania | Panther CrossFit | Large | 72 | | | | | |
| 72 | M | Mitchell | William | Maryland | Crossfit BWI | Large | 1:55 PM | 5:10 PM | 10:40 AM | | 73 | |
| 73 | M | Morstein | Collin | Maryland | | X-Large | | | | | 74 | |
| 74 | M | Morstein | Jason | Maryland | | X-Large | | | | | 75 | |
| 75 | M | Muenkel | Timothy | Pennsylvania | | Large | | | | | 76 | |
| 76 | M | Mund | Jason | Maryland | | Large | | | | | 77 | |
| 77 | M | musselman | chris | Pennsylvania | | X-Large | | | | | 78 | |
| 78 | M | Nemcic | Matthew | Delaware | Crossfit Dover | Large | | | | | 79 | |
| 79 | M | Pappas | Tim | Pennsylvania | CrossFit King of Prussia | Large | 80 | | | | | |
| 80 | M | Passalacqua | Frank | Pennsylvania | CrossFit Apex | X-Large | 11:05 AM | 2:20 PM | 5:35 PM | | 81 | |
| 81 | M | Payne | Spencer | Pennsylvania | | Large | | | | | 82 | |
| 82 | M | Penafiel | JC | Maryland | Crofton Crossfit | Large | | | | | 83 | |
| 83 | M | Pietragallo | Mike | Pennsylvania | CrossFit Pittsburgh | Large | | | | | 84 | |
| 84 | M | Plentus | Chris | Pennsylvania | Crossfit King of Prussia | Medium | | | | | 85 | |
| 85 | M | Potts | Brian | Pennsylvania | Crossfit Delaware Valley | Large | | | | | 86 | |
| 86 | M | Pozzetta | John | Pennsylvania | | Medium | | | | | 87 | |
| 87 | M | Privitera | Greg | Pennsylvania | CrossFit Center City | Large | 88 | | | | | |
| 88 | M | Quinlan | Brian | Pennsylvania | CrossFit Explode | XX-Large | 5:35 PM | 11:05 AM | 2:20 PM | | 89 | |
| 89 | M | Raymond | Joseph | Delaware | GameShape CrossFit | Large | | | | | 90 | |
| 90 | M | ridley | vincent | Pennsylvania | CrossFit Generation | X-Large | | | | | 91 | |
| 91 | M | Rigatti | Michael | Maryland | Crossfit Bethesda | Medium | | | | | 92 | |
| 92 | M | ROACH | TOM | Maryland | SOUTHERN MARYLAND CR | X-Large | | | | | 93 | |
| 93 | M | Romanski | Tim | Pennsylvania | CrossFit Eos | X-Large | | | | | 94 | |
| 94 | M | Rosenbaum | Mark | Pennsylvania | | Medium | | | | | 95 | |
| 95 | M | Sarlo | Nicholas | Delaware | Gameshape Crossfit | Large | 96 | | | | | |
| 96 | M | Sarry | Louis | New Jersey | | Large | 2:20 PM | 5:35 PM | 11:05 AM | | 97 | |
| 97 | M | Saviski | Brian | Pennsylvania | | XX-Large | | | | | 98 | |
| 98 | M | Schaub | Blake | Pennsylvania | Crossfit Pittsburgh | Large | | | | | 99 | |
| 99 | M | Schiller | Drew | Pennsylvania | Malvern Prep | X-Large | | | | | 100 | |
| 100 | M | schultz | max | Pennsylvania | Panther CrossFit | Large | | | | | 101 | |
| 101 | M | Schuppe | Garrett | New York | | Medium | | | | | 102 | |
| 102 | M | Sebastian | Paul | Pennsylvania | King of Prussia | Medium | | | | | 103 | |
| 103 | M | Selph | Troy | Delaware | | Large | 104 | | | | | |
| 104 | M | Shield | Trey | Maryland | Crossfit Bethesda | Large | 11:30 AM | 2:45 PM | 6:00 PM | | 105 | |
| 105 | M | Shiffler | Bill | Pennsylvania | CrossFit Renaissance | Large | | | | | 106 | |
| 106 | M | Smith | Garrett | Maryland | Crofton CrossFit | Large | | | | | 107 | |
| 107 | M | Smith | Matthew | Pennsylvania | Crossfit Renaissance | Large | | | | | 108 | |
| 108 | M | SPERANDI | MARCOS | DC | | | | | | | 109 | |
| 109 | M | Stevens | Jon | Pennsylvania | | X-Large | | | | | 110 | |
| 110 | M | Swanstrom | Dan | Maryland | | Large | | | | | 111 | |
| 111 | M | Thompson | Dale Ryan | Maryland | CrossFit BWI | Large | 112 | | | | | |
| 112 | M | thomson | sean | New Jersey | | Medium | 6:00 PM | 11:30 AM | 2:45 PM | | 113 | |
| 113 | M | Tuman | Jerame | Pennsylvania | Crossfit R.A.W. | XX-Large | | | | | 114 | |
| 114 | M | Tumelty | Liam | Pennsylvania | | X-Large | | | | | 115 | |
| 115 | M | Turi | Jeffrey | Delaware | Gameshape CrossFit | Large | | | | | 116 | |
| 116 | M | Vickery | Phillip | Delaware | Crossfit Dover, DE | Large | | | | | 117 | |
| 117 | M | Wakefoose | Derek | Pennsylvania | CF West Chester (PA) | Medium | | | | | 118 | |
| 118 | M | Wakefoose | Steve | Pennsylvania | CrossFit West Chester, PA | X-Large | | | | | 119 | |
| 119 | M | Warnek | John | Pennsylvania | Crossfitkop | Large | 120 | | | | | |
| 120 | M | Waterworth | William | Maryland | Crossfit Montgomery County | Large | 2:45 PM | 6:00 PM | 11:30 AM | | 121 | |
| 121 | M | Weidner | Barry | Pennsylvania | CrossFit Generation | Large | | | | | 122 | |
| 122 | M | Weidner | Michael | Pennsylvania | Central Bucks CrossFit | Medium | | | | | 123 | |
| 123 | M | White | Gregory | Maryland | | Large | | | | | 124 | |
| 124 | M | wilford | Keith | Pennsylvania | crossfit prime | X-Large | | | | | 125 | |
| 125 | M | Wingert | James | Pennsylvania | CrossFit West Chester | Large | | | | | 126 | |
| 126 | M | woods | christopher | Maryland | CrossFit BWI | Large | | | | | 127 | |
| 127 | M | Woods | Kenny | Pennsylvania | Crossfit West Chester | Large | 128 | | | | | |
| 128 | M | Zipf | Christopher | Pennsylvania | CF KoP | Large | | | | | | |

