
THE CrossFit JOURNAL

DISPATCHES FROM AFRICA

Thomas Crubaugh of CrossFit HQ is on assignment in Africa, helping the people of Dzendereni, a small village in southeastern Kenya.



February 2012 // CrossFit and the village of Dzendereni made an agreement when we built the CrossFit School together that we would also equip the classrooms with 60 desks. Today, the first 20 of those desks will arrive in the village. All 60 are completed and branded with the CrossFit name.

The desks are being built in a workshop in Mnyenzi, 25 kilometers from Dzendereni. It's located here because Mnyenzi has power.

The finished desk has a top writing surface that slopes back toward the students who sit on a plank behind the work surface,

below that top is a box to hold books and supplies. I've seen desks of this same design in every classroom I've visited here. Most are probably less than five years old and look like they will be good for another ten years at least. Desks for 120 students in a concrete floored classroom are a big step up from sitting on the clay floor of a mud hut.

