

Female Competitors

	<u>Column1</u>	<u>Competitor</u>	<u>Affiliate</u>	<u>WOD #1</u>	<u>WOD #2</u>	<u>WOD #3</u>		<u>Cumulative</u>
1	4	Sarah Dunsmore	CrossFit- Durham	5:38	5:58	8:00		19:36:00
2	3	Feng Yi Chew		8:27	5:45	8:05		22:17:00
3	1	Caroline Attmore	CrossFit- NC	7:03	7:00	8:15		22:18:00
4	2	Michelle Benedict	CrossFit- Fort Bragg	8:10	7:30	7:59		23:39:00
5	17	Chastity Slone	Practice CrossFit	8:16	7:19	8:22		23:57:00
6	8	Dawn Hutchison	CrossFit- Wilmington	9:16	7:44	7:56		24:56:00
7	21	Meredith Swain	CrossFit- Wilmington	10:11	8:23	8:01		26:35:00
8	15	Taylor Ross	CrossFit- Wilmington	11:53	7:35	8:16		27:44:00
9	5	Shanna Duvall	CrossFit- Asheville	11:22	10:31	8:28		30:21:00
	6	April Garner		DNF	DNF	8:49		
	7	Shelina Heerdink		11:13	DNF	DNC		
	9	Ashley Mays	CrossFit- Memphis	DNF	DNF	10:05		
	10	Zoe Metro	Hyperfit USA	DNF	8:08	7:55		
	11	Jenna Burk		DNF	DNF	8:37		
	12	Emily Oby		DNF	DNF	9:21		
	13	Tiffany Perry		14:34	DNF	9:20		
	14	Kate Rawlings		9:55	DNF	DNC		
	16	Erin Seryak	High Octane Fitness	S-7:29	8:03	8:35		
	18	Sarah Smith	CrossFit- Indy	DNF	9:56	8:16		
	19		CrossFit- Wilmington					
	20	Andrea Streeter	East Coast CrossFit	DNF	DNF	8:38		
	22	Michelle Velez		S-DNF	DNF	9:18		
	23	Kristin Waters		NS	ns	DNC		
	24	Ashlley Westerheide		NS	ns	DNC		
	25	Dawn Williams	CrossFit- Carolina	DNF	DNF	DNC		
	26	Jennifer Wilson		DNF	DNF	8:43		

		<u>Competitors</u>	<u>Affiliate</u>	<u>WOD #1</u>	<u>WOD #2</u>	<u>WOD #3</u>		<u>Cumulative</u>
1	88	Simon Warnos		5:47	4:39	7:28		17:54:00
2	21	Sean Catto		5:37	5:11	7:08		17:56:00
3	19	Ben Carter		5:51	5:45	6:44		18:20:00
4	80	Graham Spagnola	CrossFit- Troy	6:06	5:38	6:48		18:32:00
5	22	David Crider		5:32	6:07	7:08		18:47:00
6	90	Joseph Weigel	CrossFit- SPC	6:25	5:31	7:03		18:59:00
7	51	Braden Lutz		5:50	5:59	7:12		19:01:00
8	58	Alan Moore	CrossFit- Fort Bragg	5:29	6:12	7:20		19:01:00
9	35	Rory Hanlin		5:45	6:23	6:59		19:07:00
10	52	Brandon Massie	CrossFit- Troy	7:13	5:08	6:53		19:14:00
11	41	Graham Holmberg		6:48	5:38	6:57		19:23:00
12	25	Charles Dunifer	CrossFit- Legacy	6:06	6:01	7:24		19:31:00
13	66	Doug Price		6:37	5:53	7:02		19:32:00
14	95	Matt Zastrow		5:17	7:51	7:08		20:16:00
15	39	Spencer Hendel	CrossFit- Charlotte	6:23	7:08	7:03		20:34:00
16	32	Aaron Grider		7:42	6:00	7:08		20:50:00
17	84	J Thomas	Rogue Fitness- Columbus	5:56	7:29	7:25		20:50:00
18	75	Brett Sepi	CrossFit- SPC	6:43	7:01	7:12		20:56:00
19	79	Chris Spach	CrossFit- Lowcountry	7:37	6:05	7:15		20:57:00
20	61	Mitchell Osborne	CrossFit- Durham	6:20	7:39	7:02		21:01:00
21	93	Dane Youtz		8:54	5:23	6:52		21:09:00
22	63	Travis Page	CrossFit- CLE	7:02	7:25	7:18		21:45:00
23	81	Kent Stamey	CrossFit- Hickory	5:54	8:42	7:14		21:50:00
24	47	Brian Kost	CrossFit- Lowcountry	6:57	7:37	7:17		21:51:00
25	9	Zach Brock		8:49	6:12	7:11		22:12:00
26	83	Chris Sweat	CrossFit- Lexington	8:20	6:56	7:04		22:20:00
27	45	Aaron Lawrence	CrossFit- Wilmington	7:58	7:33	6:56		22:27:00
28	12	Chris Bullard		6:38	7:51	8:06		22:35:00
29	44	Sam Johnson	CrossFit- Coastal	7:41	7:47	7:08		22:36:00
30	34	Caleb Gregory	CrossFit-CHF	5:40	9:44	7:24		22:48:00
	64	Vincent Palazzolo	CrossFit- Motor City	7:53	8:24	7:11		23:28:00
	54	Michael McGoldrick	CrossFit- Murfreesboro	6:43	9:16	7:41		23:40:00
	1	Aaron Betts	CrossFit- West Knox	8:44	7:43	7:14		23:41:00
	62	Philip Pack		9:18	6:50	7:46		23:54:00
	87	Bryce Warkentien		8:04	8:34	7:20		23:58:00
	17	Scott Canino		7:59	8:19	7:45		24:03:00
	10	Ryan Brown	CrossFit-NC	8:19	8:44	7:10		24:13:00
	16	Chad Caden	CrossFit- Asheville	7:24	9:22	7:43		24:29:00
	65	Ilario Pantano	CrossFit- Wilmington	8:50	8:38	7:17		24:45:00
	14	Josh Bunch	Practice CrossFit	9:52	7:38	7:27		24:57:00
	20	Kurt Casey	Ultimate CrossFit	7:48	10:06	7:13		25:07:00
	13	Luke Bulthuis		7:27	10:18	7:29		25:14:00
	50	Tommy Luna	Motor City CrossFit	9:53	7:47	7:35		25:15:00
	76	Tom Seryak	CrossFit- High Octane	11:08	7:11	7:08		25:27:00
	82	Joel Stephens		9:11	9:00	7:34		25:45:00
	46	Mario Kelso		7:56	10:16	8:04		26:16:00
	31	Stephen Flamm	CrossFit- Nasti	9:13	10:08	7:09		26:30:00
	60	Daniel Moorhouse	CrossFit- Wilmington	11:28	8:23	7:19		27:10:00
	68	Erik Rambo	Hyperfit- Ann Arbor	11:06	8:35	7:29		27:10:00
	26	Josh Edwards	CrossFit- Wilmington	13:49	6:29	6:59		27:17:00
	85	David Vos	Underground Fitness	12:16	7:58	7:13		27:27:00
	72	Adam Rogers		8:48	11:34	7:09		27:31:00
	40	Kiel Holman		12:03	8:07	7:39		27:49:00
	24	Rafael Delgado	Underground Fitness	11:32	8:53	7:33		27:58:00
	78	Michael Sorg Jr.	CrossFit- Wilmington	10:13	10:18	7:27		27:58:00
	6	Kevin Boyles	CrossFit- Winston Salem	10:19	10:34	7:38		28:31:00
	5	Travis Bowling	Blast Fitness- Indianapolis	11:35	8:54	8:09		28:38:00
	33	Eric Gohl		12:18	9:06	7:18		28:42:00
	92	Chris Weir		12:18	9:10	7:19		28:47:00
	94	John Loudermilk		13:10	8:59	7:14		29:23:00

	49	Matt Lengel	Rogue Fitness- Toledo	13:53	9:14	6:54		30:01:00
	42	Bo Hornback	CrossFit- Lexington	14:17	8:38	7:23		30:18:00
	57	Alan Moore	CrossFit- NC	10:41	11:47	7:53		30:21:00
	36	Joe Hardy		13:58	8:42	7:43		30:23:00
	3	Michael Bledsoe	CrossFit- Memphis	11:11	11:24	8:06		30:41:00
	23	Jason David	CrossFit- Motor City	14:30	8:50	7:44		31:04:00
	53	Shane Moseley		13:02	11:02	7:15		31:19:00
	18	Darren Cansler	CrossFit- Wilmington	14:18	9:38	7:26		31:22:00
	2	Corey Blankemeyer		12:57	11:59	7:24		32:20:00
	56	Brendan McNeirney		14:28	10:34	7:35		32:37:00
	4	Josh Bonomini		DNF	11:37	8:00		
	7	Paul Boyles	CrossFit-NC	12:26	DNF	7:44		
	8	Jamie Brewer	CrossFit- Troy	12:49	DNF	7:41		
	11	Anthony Bucci		12:22	DNF	8:59		
	15	Neil Burger	CrossFit- Nasti	DNF	DNF	7:41		
	27	Paul Eich	CrossFit- Memphis	DNF		ns		
	28	Alex Elledge	CrossFit- NC	DNF	11:04	7:18		
	29	Brent Ericksen		DNF	8:25	7:50		
	30	Chris Farrington	Rogue Fitness- Columbus	NS	NS	NS		
	37	Rainer Hartmann	CrossFit- Cincinnati	9:13	s-8:22	7:59		
	38	Jeremy Heerdink		DNF	NS	NS		
	43	Rodrigo Iglesias	CrossFit- Indy	DNF	10:00	7:48		
	48	Brian Leach		10:34	DNF	7:45		
	55	Shane McGrotty	Rogue Fitness- Columbus	DNF	7:27	7:52		
	59	Dustin Moore	CrossFit- Memphis	DNF	9:09	7:55		
	67	Anthony Quinn		DNF	DNF	8:40		
	69	Jim Rebesco		12:18	DNF	7:32		
	70	Derek Robinson		ns	NS	NS		
	71	Harvey Robinson		DNF	NS	7:46		
	73	Chris Sarrica	CrossFit Lexington	DNF	DNF	7:22		
	74	Tom Rowland		S-7:40	9:36	8:03		
	77	Joe Shiningier	CrossFit- CLE	DNF	11:06	8:07		
	86	Nicholas Wall		ns	NS	NS		
	89	Glenn Waters	Das Gym- Cincinnati	8:10	S-4:40	7:13		
	91	Philip Weigel	CrossFit- SPC	10:08	DNF	7:26		
	96	Cameron Isley		ns	NS	NS		