

NORTH CENTRAL CROSSFIT GAMES REGIONAL QUALIFIER											
SUNDAY, MAY 2nd											
MEN'S HEATS:				WOMEN'S HEATS:				TEAM HEATS:			
HEAT 1: 9:00 AM				HEAT 1: 12:00 PM				HEAT 1: 1:30 PM			
Athlete #	Athlete	Place	Platform	Athlete #	Athlete	Place	Platform	Athlete #	Athlete	Place	Platform
238	Carlson, Joe	52 (957.03)	8	108	Slowinski, Katarzyna	29 (1119.62)	7	414	MBS CrossFit	16 (900)	8
241	Zienkiewicz, Chris	51 (948.22)	7	138	Vanorny, Trina	28 (1106.75)	6	416	Crossfit 5280	15 (893.14)	7
237	Young, Daniel	50 (900.09)	6	119	Starmer, Angella	27 (1095.27)	5	417	CrossFit Ames	14 (860.94)	6
249	Lower, Thomas	49 (887.15)	5	135	Guthmiller, Megan	26 (1083.63)	4	423	CrossFit St Charles	13 (846.26)	5
239	Dozois, Chris	48 (882.54)	4	115	Reinking, Kristine	25 (1081.46)	3	428	Quad City CrossFit	12 (844.42)	4
252	Ahlfield, Luke	47 (872.84)	3	126	Francis, Sarah	24 (1071.64)	2	410	CrossFit Montana	11 (824.54)	3
228	Llewellyn, Brian	46 (865.19)	2	147	Skidmore, Tiffany	23 (1051.41)	1	402	Front Range CrossFit	10 (808.20)	2
248	Namken, Cole	45 (861.36)	1					404	CrossFit Valley Park	9 (807.90)	1
HEAT 2: 9:30 AM				HEAT 2: 12:30 PM				HEAT 2: 2:00 PM			
Athlete #	Athlete	Place	Platform	Athlete #	Athlete	Place	Platform	Athlete #	Athlete	Place	Platform
234	Henn, Cole	44 (860.72)	8	141	Wattier, Rebecca	22 (1051.25)	10	412	Flatirons crossfit	8 (798.45)	8
231	Fabian, Christopher	43 (845.50)	7	120	Moore, Emmalee	21 (1050.27)	9	415	AIC Crossfit	7 (794.13)	7
236	Szafanski, Jacob	42 (836.89)	6	132	Lamb-Smith, Erin	20 (1028.26)	8	403	Windy City CrossFit	6 (793.80)	6
242	Schutte, Scott	41 (822.74)	5	105	DiBiase, Libby	19 (1020.97)	7	407	CrossFit Rockford	5 (781)	5
222	Favero, Brian	40 (810.60)	4	118	Seversen, Stacy	18 (1007.98)	6	419	CrossFit Castle Rock	4 (780.38)	4
251	Tovar, Dustin	39 (808.89)	3	128	Gibbs, Joanie	17 (1007.33)	5	427	Atlas CrossFit	3 (767.62)	3
246	Lorentzen, Josiah	38 (800.97)	2	142	Bolding, Molly	16 (1005.13)	4	408	Brother's CrossFit	2 (696.40)	2
250	Leeper, Nicholas	37 (794.63)	1	117	Simpson, Shannan	15 (1004.05)	3	401	CrossFit Omaha	1 (674.82)	1
				104	Bell, Andrea	14 (1000.27)	2				
				131	Wedgbury, Paula	13 (986.68)	1				
HEAT 3: 10:00 AM				FINAL HEAT: 3:00 PM							
Athlete #	Athlete	Place	Platform	Athlete #	Athlete	Place	Platform				
240	Morales, Greg	36 (794.05)	12	139	Lefler, Angela	12 (969.52)	12				
244	Callahan, Jon	35 (791.67)	11	107	Gibson, Nicole	11 (961.84)	11				
247	Stitt, Ryan	34 (779.04)	10	144	Anderson, Anna	10 (960.25)	10				
203	Kasperbauer, Kyle	33 (762.95)	9	103	Gobell, Cori	9 (956.86)	9				
245	Dillinger, Chris	32 (754.90)	8	123	Cunningham, Erin	8 (936.87)	8				
243	Kopp, Matthew	31 (741.89)	7	110	Hellyer, Jessica	7 (911.43)	7				
219	Earleywine, Josh	30 (741.24)	6	125	McNamara, Megan	6 (903.16)	6				
232	Mhire, Jeremy	29 (736.20)	5	106	Tovar, Stacie	5 (902.27)	5				
227	Steger, Joshua	28 (721.16)	4	114	Allen, Kelly	4 (886.35)	4				
225	Ogar, Kevin	27 (704.80)	3	112	John, Megan	3 (837.80)	3				
235	Sullivan, Chad	26 (700.46)	2	101	Dever, Jasmine	2 (812.52)	2				
230	Cornthwaite, David	25 (695.43)	1	111	Smith, Kelly Jo	1 (798.20)	1				
HEAT 4: 10:30 AM											
Athlete #	Athlete	Place	Platform								
214	Brown, John	24 (686.97)	12								
209	Rasmusen, Pete	23 (686.26)	11								
216	Gubbels, Chris	22 (669.62)	10								
207	Gerdes, Robert	21 (661.15)	9								
204	Pastorek, Brandon	20 (652.01)	8								
210	Montoya, Kevin	19 (647.37)	7								
223	Johnson, Matt	18 (641.22)	6								
229	Maier, Brent	17 (637.92)	5								
202	Frausto, Ricky	16 (627.90)	4								
215	Regula, Dave	15 (620.14)	3								
206	Sherwood, Pat	14 (613.27)	2								
205	Burke, Patrick	13 (610.47)	1								
FINAL HEAT: 3:30 PM											
Athlete #	Athlete	Place	Platform								
212	Lilienthal, Ryan	12 (608.25)	12								
211	VanBeek, Justin	11 (607.60)	11								
218	Christofferson, Jeremy	10 (601.49)	10								
226	Howard, Jake	9 (598.59)	9								
213	Nettey, Alex	8 (590.38)	8								
224	Martin, Garry	7 (588.40)	7								
221	Kniep, Phillip	6 (582.77)	6								
220	Hathcock, Matthew	5 (579.99)	5								
233	Beard, Nate	4 (578.90)	4								
208	Tallman, Sean	3 (568.73)	3								
217	Nimmo, Josh	2 (560.55)	2								
201	Chan, Matt	1 (519.17)	1								

SUNDAY				
Men	9:00 - 9:20	9:30 - 9:50	10:00 - 10:20	10:30 - 10:50
Workout 4	Heat 1	Heat 2	Heat 3	Heat 4
Women	12:00 - 12:20	12:30 - 12:50		
Workout 4	Heat 1	Heat 2		
Team	1:30 - 1:50	2:00 - 2:20		
Finals	Heat 1	Heat 2		
Women	3:00 - 3:20			
Finals	Heat 1			
Men	3:30 - 3:50			
Final	Heat 1			
AWARDS	4:30			